



The Josephite Chronicle

St Joseph's School CBSE
Biannual Newsletter

March 2019
Vol - 3 Issue - 2

Principal's Message



Change occurs in stages and each one adds depth, colour and character, creating a multi-dimensional, multifaceted you.
- Doe Zantamata

At St Joseph's School CBSE, our aim is to nurture all aspects of the child and provide a holistic education which explores their potential for leadership, compassion and proficiency. We strongly believe that while academic foundations are important, today's young children need to cultivate multiple talents and skills in order to participate fully in tomorrow's society.

And so, we have incorporated a variety of carefully curated events and programmes in our school calendar which nurture your child's multiple intelligence. Our annual art exhibition - 'Creative Splash' - has work by every single student of our school and is testimony to our belief in the power of art, while Grandparents' Day is symbolic of the best of the Indian family values.

In response to our observation that our children are becoming distanced from their culture & roots, we came up with 'Halli Habba' which recreated a picturesque village, and 'Colour the Sky', the kite festival, both aimed at bringing back that connection.

Besides these unique & novel events, we also had the regular Sports Day, Annual Day and Prize Day with their emphasis on sporting abilities, variety entertainment and, of course, academic brilliance.

Setting these events in motion and establishing a robust culture of holistic learning has been a fine achievement of our school and its dedicated Staff & Management.

The time has come for me to pass on the torch of this institution. I will be stepping down as Principal, and Fr Rohan D'Almeida SJ will be taking over. I thank each and every one of you for your support in building up our school. We look forward to your valued association.

May God continue to guide and bless us.

Fr Sunil Cletus Fernandes SJ

Proud Moments



Innovation Awards

St Joseph's School CBSE has won the **Innovation in Parent Engagement Award** presented by Parent of School Innovation Awards 2019 under the Parent Choice Category, in recognition of its valuable contribution to the study of Innovation in schools and for being a leading Innovator in Education.



Rainbow Address Health Awards

St Joseph's School CBSE has been inducted into the **Rainbow Address School Health Hall of Fame**, for demonstrating exceptional commitment towards the health of its students, by the Rainbow Address School Health Awards 2018-19.

Karnataka Rajyothsava



Karnataka Rajyothsava was celebrated with great pomp. The campus was resplendent as red and yellow hues adorned the quadrangle. The Chief Guest, Rev Fr Felix A SJ, Director of St Louis Boarding House, urged the students to learn the language and uphold the rich cultural heritage of our land.

Students presented a splendid cultural programme showcasing the rich legacy of our State. Scintillating Dollu Kunitha by students enhanced the spirit of the day. The celebration concluded with the distribution of prizes for the winners of various competitions which were held to mark the importance of the official language of our State.

Children's Day



Children's Day was celebrated with great enthusiasm & excitement. Students looked their best in colourful attires and were enthralled by the teachers through a graceful dance and song. The Principal addressed the students, enlightening them that childhood is an enchanting vista, endless fun, a joyful classroom, an era of creativity and innovation.

Sirigannada Prakashana

Sirigannada Prakashana of Chitradurga conducted Kannada Prathiba Examination on 12 November. Six

students of SJS-CBSE have emerged as rank holders at the State Level and eight others have bagged ranks at the District Level. In recognition of this achievement SJS-CBSE was honoured as the "Best School" at the State Level. The Principal and the Vice Principal distributed the prizes.

National Heritage & Integration Day



National Heritage & Integration Day (Ek Bharat Shreshtha Bharat) was observed on 19 November to celebrate the unity in diversity of our nation and to promote the spirit of national integration.

The students presented a skit portraying unity in diversity that upheld the feeling of oneness and harmony among us. Slogans on placards were displayed by the students, reminding each one of them of their responsibility towards building a strong united nation by celebrating the diversity and taking pride in its varied culture & heritage.

Constitution Day



Constitution Day was celebrated on 26 November to commemorate the adoption of the Constitution of India and reinforce the significance of our Constitution which emphasizes that our country is a Sovereign, Socialist, Secular, Democratic Republic. The students presented a skit that highlighted the four guiding principles of the Indian Constitution - 'Liberty, Equality, Justice & Fraternity', and its relevance in the school. The entire

school reaffirmed its commitment to follow the Indian Constitution by taking the pledge & reciting the Preamble of our Constitution.

SUPW - Outreach Programme

At St Joseph's, we believe that the formation of moral and religious values are critical to education. Josephites are encouraged & moulded from a very young age to contribute their talents & skills to the welfare of their fellow human beings. Socially Useful Productive Work (SUPW) Outreach Programmes are an integral part of our education ethos.

Students of Class 9 were taken to Vijayapura Rural Works from 23 to 25 November, as part of the outreach programme. Interaction with the rural and underprivileged students/community helped the students understand the hardship of the people and instilled a sense of responsibility in them.

As part of SUPW outreach programme, on 5 December, students of Class 8 visited St Chavara Krupalaya - Home for the elderly. Students accompanied by the staff, spent quality time interacting with the elderly as they spoke about valuing life, the importance of growing and building up a family.

Sci-plore - Science Exhibition



Sci-plore, Annual Science Exhibition, held on 8 December, was inaugurated by Sri R K Mastan Rao, Former Dy GM, Solid Propellant Space Booster Plant (SPROB), ISRO. The budding scientists of our school presented many still and working models as exhibits. With an endeavour to promote a scientific attitude among students, the exhibition provided a platform for scientific experimentation and innovation.

Christmas

Christmas is a charming & delightful time as it brings cheer and love, and SJS-CBSE celebrated it with the same



fervour, spreading the message of love and joy among students and staff on 21 & 22 December 2018. The Christmas programme was packed with festivities to usher in the joyful season.

Creative Splash - Art Exhibition



The 4th Annual Art Exhibition - Creative Splash was held on 5 January 2019. The main objective of this exhibition was to showcase each student's expression of their creativity. The students from Kinder Garten to Class 9 created an intriguing array of paintings depicting landscapes, seasons and nature at their scenic best.

Creative Splash also gave Josephites an opportunity to incorporate the Three R's - reduce, reuse and recycle - and create beautiful artefacts using discarded materials.

The Chief Guest Mr S A Vimalanathan, an eminent artist, gave an inspiring speech encouraging students to explore their artistic skills. He went on to create a piece of art on canvas with acrylic paint in the presence of the audience, after which he formally inaugurated the Art Exhibition.

Colour the Sky - Kite Festival

Colour the Sky - Annual Kite Festival was organised as part of Sankranti and to make the students aware of our regional tradition and culture. The sky turned a different hue with colourful kites flown by students, parents and staff members. All the students from KG to Class 9 were part of this festivity and participated in myriad age appropriate activities alongside having a great time on the school grounds.

HALLI HABBA

ಹಲ್ಲೆ ಹಬ್ಬ



Halli Habba, a unique event was organised on 17 November 2018 where the urban folks experienced the village traditions of Karnataka. The school ground was transformed to resemble the rustic surroundings of a vibrant village.

This unique event was inaugurated by the Rector of St Joseph's Indian Institutions, Rev. Fr Leo Pereira SJ. The Rector and members of the Management Team took a bullock cart ride around the venue. Through the day, a series of interesting rural cultural performances like Dollu Kunitha, Keelu Kudhure aata and others kept the rural atmosphere alive.

Josephites enjoyed the displays and were curious to know stories about their origins. The visitors were awe struck with the number of rural games, rides & activities they witnessed and were amazed at how easy it is to enjoy simple pleasures in life.

Authentic village food was served in the food stalls, in keeping with the go green initiative; only environmental friendly and bio degradable materials were used for this Habba and visitors were encouraged to BYOC (Bring Your Own Cup/Cutlery).

The aim of Halli Habba was to provide a platform for the younger generation of our metropolitan city to experience, revive and reconnect to their roots through rural food, rural sports, traditional/folk culture, music, etc.



Vice Principal's Birthday



The Management, Staff & students celebrated the birthday of the Vice Principal, Rev. Fr Vincent Pinto SJ on 23 January. Students conveyed their wishes through a song; Staff organised a memorable celebration which was followed by high tea.

Republic Day

The 70th Republic Day was observed by unfurling our National flag. Students presented a special assembly highlighting the fundamental rights. The Principal addressed the students and enlightened them about the fundamental rights every Indian is entitled to enjoy.

Pre Primary Annual Day



The Pre primary Annual Day, Rhythmic Tunes, was held on 2 February in the school auditorium. The event commenced with a Prayer song which was followed by the ceremonious lighting of the lamp by the Chief Guest - Dr Debmitta Dutta, an eminent Parenting & Wellness Consultant, Rector - Rev. Fr Leo Pereira, Principal - Rev. Fr Sunil Fernandes and other dignitaries.

Rhythmic Tunes - a novel concept - was envisioned by the Management, nurtured and trained by the Music Teacher & the pre primary teachers. Students from all the sections of pre primary classes dressed in formal attire and relevant props, presented melodious songs on the theme 'Nature', on a stage which was very well designed and set-up pertinent to the theme.

Inter Religious Prayer Service



An Inter Religious Prayer Service was held on 27 February to promote Harmony, express gratitude and to enable each one to know that the essence of all religions is the same. Students sang & read passages from holy books of various religions. A thoughtful video presentation enlightened the students that all religions preach and promote righteousness, compassion, love & service for the fellow being and society. The Principal addressed the students and advised them to be broad minded, inclusive, and united to be in Harmony with each other.

International Women's Day

International Women's Day was celebrated to acknowledge the significant role played by all the women staff members in all facets of their lives. The Principal addressed the gathering and thanked all the staff members for going the extra mile for the family as well as the school. The celebration concluded with a sumptuous potluck lunch.

Fun & Frolic Day



Fun & Frolic Days are conducted at regular intervals to add creativity to learning. Pre primary students learn various concepts in a fun way by doing a series of outdoor activities & take home a craft made by themselves pertinent to the theme. Fun & Frolic Days based on the themes - Insects, Universe & Dinosaurs were organised over the last few months.

YOUNG ACHIEVERS

27th Inter State Taekwondo Tournament

- ❖ Rajath S, 1 E, 1 Gold & Silver
- ❖ Edwin Joseph Dinny, 1 A, 2 Silver
- ❖ Elwin Antony Dinny, 1 B, 1 Gold & Silver
- ❖ Bhargava V, 2 A, 2 Silver
- ❖ Manas Desmond Chris, 2 A, 2 Silver
- ❖ Mir Zohranuddin Ali, 3 A, 2 Gold
- ❖ Abhivan G, 3 A, 2 Silver
- ❖ Anuska Shaw, 3 B, 2 Gold
- ❖ Rakshith Das R, 4 C, 2 Silver
- ❖ Yashas N, 5 B, 2 Gold
- ❖ Nakul B, 7 A, 2 Silver
- ❖ Ujwal MS, 7 B, 1 Gold & Silver

11th State Level Quad Skating Championship

- Jithya B R, UKG C, 1st Place (U-6)
- Veneesha K S, 1 B, 2nd Place (U-8)
- Mokshitha B R, 3 B, 2nd Place (U-8)

SJS-CBSE U-14 Boys Football Team, Winners in Interschool Football Tournament

SJS-CBSE U-14 Girls Football Team, Runners up in Interschool Football Tournament

SJS-CBSE U-12 Girls Throwball Team, 3rd Place in Interschool Throwball Match

Interschool Swimming Competition

- Rakshith Das R, 4 C - 1st Place (Breast Stroke, 4x25m Relay), 2nd Place (Butterfly Stroke) & 2nd Place (Freestyle)
- Likhith Das R, 7 A - 3rd Place (Breast Stroke) & 2nd Place (Back Stroke)

International Math Olympiad

- C Karan, 1 C, Gold Medal
- Pranam P, 3 E, Gold Medal
- Risha Gupta, 4 D, Gold Medal
- Tanusri V D, 5 C, Gold Medal
- Ahana Sharma, 4 D, Silver Medal
- Aschelle Tricia Rodrigues, 4 B, Bronze Medal

International English Olympiad

- Anandita PH, 1 D, 1st Place
- Aschelle Tricia Rodrigues, 4 B, 1st Place

Social Media is a Double Edged Sword! Our Students Say...

The power of social media is such that it influences people's opinions very fast, and what follows are short sighted comments.

- Keerthana S

Social media has undoubtedly changed the world we live in today. It essentially revolutionized how we communicate and connect as a global society. It definitely provides additional freedom for individuals to air their views. However, this excessive flow of information and connections can also have a detrimental effect on personal lives if it is not handled in a mature manner.

- Mercy Antonette

If a person uses it sensibly it can be a boon; if he uses it carelessly or recklessly, it can be a curse.

- B Aaryan Belliappa

Digitisation has made work and communication easier. But it has also decreased security of personal information and details.

- Roshini Evangelene

If a person posts photos on social media, hackers could photoshop their photo, leading to dangerous outcomes.

- Mithun G

Social media can help us to share useful information and spread awareness of important happenings.

- Arhaan Ahmed

ಸಾಮಾಜಿಕ ಮಾಧ್ಯಮದ ಬಳಕೆ ವ್ಯಕ್ತಿಯ ಅಸ್ತಿತ್ವದಲ್ಲಿದೆ. ಇದನ್ನು ಬಹಳ ಎಚ್ಚರಿಕೆಯಿಂದ ಬಳಸಿಕೊಂಡಾಗ ಮಾತ್ರ ಅದು ಉತ್ತಮ ಫಲಿತಾಂಶ ನೀಡಲು ಸಾಧ್ಯ. ಇತಿಹಾಸ ಸೃಷ್ಟಿಯಾಗಬೇಕಾದರೆ ಸಾಮಾಜಿಕ ಮಾಧ್ಯಮದ ಒಳಿತು ಹಾಗೂ ಕೆಡುಕುಗಳಿಂದಾಗುವ ಪೂರ್ವಜ್ಞಾನದ ಅರಿವು ಅವಶ್ಯಕವಾದದ್ದು.

- ರಕ್ಷಿತಾ ರಮೇಶ್

ಸಾಮಾಜಿಕ ಮಾಧ್ಯಮವು ಕೆಲವು ಸತ್ಯಾಂಶಗಳನ್ನು ನೇರವಾಗಿ ಜನಸಾಮಾನ್ಯರಿಗೆ ತಲುಪಿಸುವುದರಲ್ಲಿ ಎಡವಿರುವುದನ್ನು ನಾನು ಗಮನಿಸಿದ್ದೇನೆ. ಹಾಗಾಗಿ ಇಂತಹ ಸಾಮಾಜಿಕ ಮಾಧ್ಯಮದ ಬಗ್ಗೆ ನಾವು ನಿಖರವಾಗಿ ತರ್ಕಿಸಿ, ಚಿಂತನೆ ಮಾಡಿದಾಗ ಮಾತ್ರ, ಕತ್ತಿಯ ಎರಡು ಮುಖಗಳಂತೆ ಸತ್ಯ-ಅಸತ್ಯವು ಪ್ರತಿಬಿಂಬಿಸುತ್ತದೆ.

- ಮನ್ವಂತ್ ಗೌಡ ಬಿ ಹೆಚ್

सोशल मीडिया की कार्यपद्धति और इसके इस्तेमाल करने के तरीके को समझना जरूरी है। सोशल मीडिया का अत्यधिक उपयोग भारी मुसीबत ला सकता है। यह सूचना का भंडार गृह है, इसलिए इसका उपयोग बुद्धिमानी से करें।

- एम.भरत कुमार जैन

सोशल मीडिया सकारात्मक भूमिका अदा करता है, जिससे किसी भी व्यक्ति, संस्था, समूह और देश आदि को आर्थिक, सामाजिक, सांस्कृतिक और राजनीतिक रूप से समृद्ध बनाया जा सकता है। शिक्षा के क्षेत्र में भी इसका अवदान सराहनीय है।

- तनीश एस. खाबिया

Healthy Competition

From an athletic event to an art competition, to the race to be school valedictorian - competition is everywhere. Our children's lives are driven by competition, consumed by the want to be first.

We place an extraordinary emphasis on success. Some parents feel exposing children to competition teaches them life lessons about winning and losing. Others feel competition does irreparable harm, scarring a child for life.

Hence we need to be aware of competition and its fallout. We cannot completely obliterate competition, but we can definitely change its grip on us adults, and so reduce its impact on our children.

Many times, as parents we try to guide our children based on what is the current trend that is being followed or by our own unfulfilled childhood dreams. Every child should be given the freedom of choice to select activities that interest him/her. And we cannot live our lives through our children. We had our chances; now it is their turn.

Winning is important but is not the only option. Allow the child to learn from the process rather than focus on winning, and sensitize your child to accept failures, learn from them and equip them to handle unpleasant results. After all, in life no one is always winning!

Start by helping them find something to do that is not driven by exams; a hobby or skill that will allow them to grow and develop at their own pace. Find their interests (which may not be strengths, but just an interest) by exposing them to different activities so that they get to express and explore their creative or physical skills.

If you really love your child, don't put unrealistic expectations and pressure. Let them be free!

Ms Sucheta Kalappa Srinath



Fr Vincent Pinto SJ
Vice Principal

The Management, Staff and Students of SJS-CBSE wish Fr Vincent Pinto SJ and Ms Sucheta Kalappa Srinath a fond farewell as they move on to other responsibilities. Profound thanks for your relentless service and guidance. Wishing you a journey of success and happiness in the new chapter of your life. Thank you!



Ms Sucheta Kalappa Srinath
Educational Consultant

EDITORIAL BOARD

Fr Sunil Fernandes SJ, Fr Vincent Pinto SJ, Ms Sucheta Kalappa Srinath, Ms Jennifer Andrews
Mr J Martin Joseph, Ms Maria Diann Francis, Ms Poornima Krupa & Ms Sheela Balan

Staff Members



St Joseph's School CBSE

23, Vittal Mallya Road, Bengaluru-560001

080-22226045 ✦ www.sjpsbangalore.org ✦ stjipps@gmail.com